



Gaia

#ThankYouCaritasVolunteers

My first real experience as a volunteer was in Lebanon. It was 2019 and among the various travel and holiday proposals, an experience like that it was something I never expected.

“When I decided to leave there were only a few weeks left to fly but it was expected to be the journey I was looking for: they asked me to go as volunteer but implicitly they told me that I would return a new person”.

I found a land and a culture influenced by war; children and young people full of enthusiasm that brought peace, social inclusion and solidarity.

In their welcome I found home, in the smiles of those children I found my happiness, in their stories I found suffering and strength that inspire me to continue my path as volunteer in Italy too. It is too easy to forget the luck we had to be born in the “right” part of the world.